THE **PRICE** OF ANYTHING IS THE **AMOUNT OF LIFE** YOU **EXCHANGE** FOR IT.

IT'S NEVER GETS EASIER, NO PAIN. NO GAIN. YOU JUST GET STRONGER. NO GUTS. NO GLORY.

YOU MAY BE **READY AND ABLE,** BUT ARE YOU WILLING BE **WILLING** TO PAY THE **PRICE**.

BATTLE SCARS.

SUFFER NOW AND LIVE THE REST OF YOUR LIFE **LIKE A CHAMPION**.

YOUR BODY CAN STAND ALMOST ANYTHING, YOU WILL EITHER SUFFER THE PAIN OF IT'S YOUR MIND YOU HAVE TO CONVINCE. DISCIPLINE OR THE PAIN OF REGRET.

COMMIT TO A GOAL AS THERE'S NOTHING WORSE THAN SUFFERING FROM A LACK OF DIRECTION.

MOST PEOPLE ARE **AFRAID** TO FIND OUT JUST HOW MUCH **SUFFERING** THEY CAN **STAND** IN ORDER TO **BECOME GREAT**.

THE **DIFFERENCE** BETWEEN THE IMPOSSIBLE AND THE POSSIBLE LIES IN A PERSON'S DETERMINATION.

MAKE SURE YOUR **COMPETITION SUFFERS** FROM BEING YOUR **COMPETITION**.

CHOOSE YOUR SUFFERING. **SUFFERING IS MANDATORY, NOT OPTIONAL.**

WE GAIN **FREEDOM** WHEN WE PAY THE PRICE OF SUFFERING.

THE GREATER THE SUFFERING.

THE GREATER THE GOAL, YOU MUST PAY THE PRICE IF YOU WISH TO SECURE THE BLESSING.

DON'T HANDICAP YOUR KIDS LIVES BY MAKING THEIR LIVES EASY. TEACH THEM TO PAY THEIR DUES, TO EARN IT, TO SUFFER.

DO SOMETHING WORTH SUFFERING FOR.